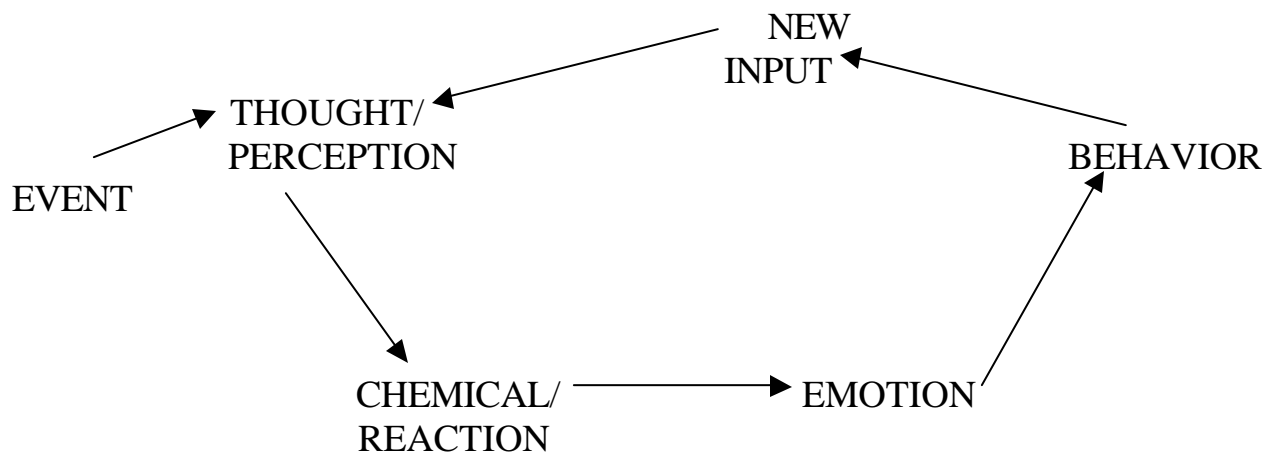


THE ANGER PROCESS



Adapted from Material from Lorraine Bilodeau, M.S., Responding to Anger Workbook